

**From Feeling to Finding:
The Power and Practice of Hope to Sustain Our Work in Volunteerism and Beyond**

Annelise Ferry: Before we start, feel free to take a moment to connect with one another by introducing yourself and where you're joining us from!

Seth Stearns: From Cedar Falls, Iowa!

Annelise Ferry: Welcome Seth!

Cathy Thoma: Cathy Thoma with Hammer & NER in Minneapolis. Supporting individuals with developmental disabilities in residential settings. Utilize volunteers as buddies, special events, all the things!

Annelise Ferry: Love the music intro!

Brad Keizer: Hello from the beautiful Black Hills of S.Dakota! The Helpline Center (211, 988, Volunteer Connections, etc)

Court McCracken (she/her): Hi Cathy! Welcome and thank you for joining us today!

Annelise Ferry: Welcome Cathy! Hi Brad!

Court McCracken (she/her): Welcome Brad!

Donte Curtis: Hey all

Annelise Ferry: Learn more about Donte Curtis and Catch Your Dream Consulting here:

<https://www.catchyourdreamconsulting.com/>

Donte Curtis: Want to invite y'all to invite you to join my email list here:

<https://mailchi.mp/9023198c7362/afbf0a8aw2>

Annelise Ferry: So happy to have you all here today for this session with Donte Curtis!

Court McCracken (she/her): Thank you for joining, we'll begin in just a moment! Till then please introduce yourself here in the chat

William Branum: From Rapid City SD, I'm With DVA Disabled American Veterans and Transportation coordinator for Ft Meade VA hospital for Disabled Veterans to get rides to their doctors appointment.

Court McCracken (she/her): Welcome, William!

Amber Yares: From Minneapolis!!!

Annelise Ferry: Hi Amber!

Cheryl Smith: Hello, I am the manager of Volunteer Services at Bakersfield Memorial Hospital, Bakersfield, CA

Donte Curtis: Im in Saint Paul

Annelise Ferry: Welcome Cheryl!

Tara-Lee Peart: Hi all! Tara-Lee Peart with United Nations Federal Credit Union, NY

Deborah Franco: Deborah, the Community Engagement Program Coordinator at Jewish Collaborative Services in RI.

H. Patricia Blackshire: Hi! I'm watching from DC

Annelise Ferry: Thank you for joining us today for From Feeling to Finding: The Power and Practice of Hope To Sustain Our Work In Volunteerism and Beyond with Donte Curtis!

Kate Ekman: Good morning! Kate Ekman, CVA, Director of Community Impact at L.A. Works.

Caitlyn Arp: Caitlyn Arp from Kent, Ohio! I work for Shepherd's House, a homeless shelter in Ravenna, Ohio.

Annelise Ferry: Welcome Caitlyn! Hi Kate!

Annelise Ferry: Thanks for joining!

Amanda Acker: Hello, Amanda from Delaware, Ohio. Sexual Assault Response Network Volunteer and Training Coordinator. So happy to be here

Annelise Ferry: Thank you, Amanda!

Donte Curtis: 60k whoaaaa

Fireflies.ai Notetaker Vanessa: Vanessa invited Fireflies.ai here to record & take notes. View Security & Privacy info:

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Annelise Ferry: Catch Your Dream Consulting:

<https://www.catchyourdreamconsulting.com/>

Mary Kuntz: Mary from Beaver Dam, Wisconsin.

Annelise Ferry: Join Dontes mailing list:

<https://mailchi.mp/9023198c7362/afbf0a8aw2>

Delbert Newson Sr.: Hi, I'm an AI assistant helping Delbert Newson take notes for this meeting. Follow along the transcript here:

https://otter.ai/u/gTjmpD3EaSeAHcaPxwo-KBSQAcM?utm_source=va_chat_link_1

You can see screenshots and add highlights and comments. After the meeting, you'll get a summary and action items.

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Kelly Johnson: hope + intention = powerful progress

Annelise Ferry: YES, Kelly! Love that

Court McCracken (she/her): Hope for me is imagination that things can be different

H. Patricia Blackshire: Love your definition, Donte. Hope is a necessary ingredient in everyone's work. I am a believer!

Court McCracken (she/her): Yes, Kelly!

Court McCracken (she/her): Yes, Patricia!

Kelly Johnson: He wrote Just Mercy. An incredible book!

Annelise Ferry: Thanks for sharing this with us, Kelly!

Karen Naus: Hope is knowing that there is orchestration always active seen and unseen working towards that which frees, open doors and supports each of us.

Megan Kelly Hubbell: That is the truth!

Fienishia Wash:

Annelise Ferry: I know I can <3

H. Patricia Blackshire: I know I can

Kelly Johnson: I know I can

Ella Van Vlack: I know I can!

Ronda Shehorn: I know I can!!!

Robin Carson: I know I can!

Tara-Lee Peart: I know I can!

Amber Yares: I know I can

Nikki Lowe: I know I can!

Cheryl Smith: I KNOW I CAN!!!!

Cathy Thoma: Yes I can!

Amanda Acker: I know I can!

Suzette Moore: I know I can

Court McCracken (she/her): I know I can

Tracy Frazier: I know I can!

William Branum: I know I can.

Megan Kelly Hubbell: I know I can

Umeca Briscoe: I KNOW I CAN!!

Robin Carson:

H. Patricia Blackshire: Belief without resources. Deep, deep faith. So powerful!

Fienishia Wash: reading now

Court McCracken (she/her): All About Love

Nicholas Rahming: and the will to change!

Nikki Lowe: Just added to my Goodreads list!

Annelise Ferry: Love that, Nikki!

H. Patricia Blackshire: Read her books. They're on my shelf.

Court McCracken (she/her): Yeah, intellectualizing the challenge versus imagining a new system

Kate Ekman:

Karen Naus: Look the word MAGIC is in the word imagination. The only thing missing is the C. "Can YOU C it!?"

Court McCracken (she/her):

Annelise Ferry: <3

H. Patricia Blackshire: I remember the quote from childhood, too.

Kelly Johnson: sports = the team who wants it more tends to win

H. Patricia Blackshire: I work at a homeless shelter

Karen Naus: I work for Hospice

Karen Naus: Patricia I hear you.

Umeca Briscoe: Yes!

Court McCracken (she/her): Hearing No or Cant a lot for many orgs and programs

H. Patricia Blackshire: I think HOPE is extremely important if you're interacting with a hopeless group of men and women who have lost all hope.

Fienishia Wash:

Court McCracken (she/her): The kiddos help us with our rejection sensitivity through their honesty

Umeca Briscoe: I work for Office of Public Health-Bureau of Community Preparedness. We had funding cut that resulted in reorganizing Volunteer Summit. It will now be virtual.

Court McCracken (she/her): Hearing you Patricia and Umeca

Kelly Johnson: Mass is having trouble with snap benefit fraud. Gives a bad rep to a program that is so necessary for so many

H. Patricia Blackshire: Agree, Kelly

Delbert Newson Sr.: Delbert is on a Basic Otter plan with 30 minute meetings. To record longer meetings, upgrade to Pro:

https://otter.ai/pricing?utm_source=oa-chat-basic

Michael Aaron: Rickenbacker is on a Basic Otter plan with 30 minute meetings. To record longer meetings, upgrade to Pro:

https://otter.ai/pricing?utm_source=oa-chat-basic

Cheryl Smith: Yes! It's Fantastic!

Kelly Johnson: LOVE Brene Brown! Listening to her is AMAZING

Court McCracken (she/her): What can you do to inject hope into your life?

Court McCracken (she/her): How do you change from feeling to finding hope?

H. Patricia Blackshire: Being grateful for the small things.

Court McCracken (she/her): We do this daily in my family. Some days are harder to find something to be grateful for when its a tough day. So sometimes we just say something quite simple.

Annelise Ferry: <3

Court McCracken (she/her): After living through hurricane Helene and being without running water for more than 2 months, a shower still feels like a big grateful. Even though its been more than a year since that happened.

Jamay Nemeć: What's the name of the gratitude app?

H. Patricia Blackshire: Focusing on positive things work!

H. Patricia Blackshire: Yes, Donte!

Court McCracken (she/her): Good question, Jamay, we will find out and link to it in the resources!

Karen Naus: This is Louise Hay stuff, change your thoughts change your life. Absolutely.

Karen Naus: "Presently" app is What are you grateful for day by day.

Court McCracken (she/her): Thank you, Karen

Jamay Nemecek: Thank you Karen!

H. Patricia Blackshire: Soothing music

Court McCracken (she/her): Definitely seek to surround myself with other imaginative folks who cultivate hope

Court McCracken (she/her): Or call for advice

Jan Cline: I don't know how you expect people to look away from what is happening. Stop watching the news? Only give attention to the good things in your life? Spend less time with anyone who wants to talk about current events? There are no mole hills, its all mountains of messed up stuff. I hope it gets better, but in order for that to happen, I have to look down the barrel of injustice and work to correct it.

Robin Carson: I hear you, Jan!

H. Patricia Blackshire: Being intentional with love.

Court McCracken (she/her): Hearing you, Jan

Annelise Ferry: Thank you so much, Donte!!!!

Nicholas Rahming: Thank you Donte!

H. Patricia Blackshire: Thank you!!

Kate Ekman: THANK YOU FOR THE INFUSION OF HOPE!

Karen Naus: Appreciate you, good to see you again.

Amanda Acker: Thank you!!

Donte Curtis:

<https://mailchi.mp/9023198c7362/afbf0a8aw2>

Meghan Cyphers: This was great and much needed , thank you!

Cathy Thoma: Thank you!

Lyra Gagliardi: Thank you!

Nikki Lowe: That was great! Thank you!

Cheryl Smith: Thank you!

Ronda Shehorn: Great message!

H. Patricia Blackshire: Your presentation keeps me on track.

Donte Curtis:

<https://mailchi.mp/9023198c7362/afbf0a8aw2>

Fienishia Wash: Thank you.... appreciate your time and words

Tarin Potter: Wonderful messaging and I appreciate you for your time and wisdom!

Annelise Ferry: Join Dontes mailing list here:

<https://mailchi.mp/9023198c7362/afbf0a8aw2>

TYISHA WILLIAMS: Thank you

H. Patricia Blackshire: I'm going to reread belle hooks.

Angela Walters: Yes! Coworking is so healing and hopeful

Annelise Ferry: Inciting Joy by Ross Gay

Karen Naus: Here in MN you have to know that time, the unseen, the momentum, the effort, the faith, the hope, the freedom of unity and community has power! Be authentic and real, and be that together! It helps and hopefully in time. in time. Like history has so often taught. Yes and self care and CARING.

Annelise Ferry: <3 Thank you for sharing that, Karen

Karen Naus: YES! You are right.

Fienishia Wash: Truth

Karen Naus: Authenticity, know what you need and be okay with that.

Annelise Ferry: Thats powerful, Donte.

Cathy Thoma: Thank you Donte.

Robin Carson: Thank you!

Annelise Ferry: Dontes mailing list:

<https://mailchi.mp/9023198c7362/afbf0a8aw2>

Robin Carson: We can also protest with our dollars. We all have the power to make a difference.

Court McCracken (she/her): Yes, absolutely

Cathy Thoma: Absolutely Robin!

Kelly Johnson: dollar protest... I haven't been inside a WalMart in 12+ years and the only Amazon purchases I've ever made were because of gift cards

Annelise Ferry: By September 14th!

Annelise Ferry: Thank you Donte

Robin Carson: Thank you so much!

Ella Van Vlack: Thank you so much Donte, this has been amazing!

H. Patricia Blackshire: Looking forward to the book launch. Congratulations!

Annelise Ferry: Join us for Marchs Webinar with Erin Spink, MA founder of spinktank:

Leading Volunteer Engagement: The Strategic Mindset 3-Part Series

Link to register for Thursday, March 11th | 18th | 25th | 1:00-2:00 pm EST:

<https://www.galaxydigital.com/leading-volunteer-engagement-the-strategic-mindset-3-part-series>

Robin Carson: For Real!

Fienishia Wash:

Donte Curtis: Thanks friends

Annelise Ferry: Thank you so much everyone!

Annelise Ferry: LinkedIn:

<https://www.linkedin.com/in/donte-curtis-88281882/>

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<https://www.linkedin.com/in/donte-curtis-88281882/>

Donte Curtis:

<https://www.linkedin.com/in/dontecurtis/>

Annelise Ferry: Dontes Instagram:

<https://www.instagram.com/catchyourdream.dcurtis/>

H. Patricia Blackshire: Will you be coming to DC for any inspirational talks?

Robin Carson: Connect has been sent!

Annelise Ferry: Learn more about Catch Your Dream Consulting:

<https://www.catchyourdreamconsulting.com/>

Annelise Ferry: YES!!!! Come to DC!

Fienishia Wash: it's awesome

Annelise Ferry: Thanks so much for joining, everyone!